#### French Gastronomy Camp in Lyon

Welcome to the French Gastronomy Camp in Lyon, where you'll discover the heart of France's culinary excellence. Delve into immersive workshops led by local chefs, explore traditional eateries, and savor regional specialties. This experience celebrates Lyon's rich culinary heritage and its influence on global cuisine, making it a must-visit destination for food enthusiasts.



#### **Highlights of the Program**

- Immersive Workshop & hands-on experience
- Uncover the secrets of French cuisine
- Learn to prepare traditional French dishes
- Explore fusion cooking, combining Indian and French flavors
- Tour of traditional eateries Les Halles de Paul Bocuse
- Visit to local market and cafés
- Uncover the essence of French fromage
- Cultural immersion & city exploration
- Gain unique insights into Lyon's rich culinary heritage

### Film Making Camp in Lyon

Step into a cinematic journey in Lyon, the birthplace of cinema! There's no better destination to immerse yourself in this experience. Our film-making camp provides Indian students with a distinctive chance to refine their storytelling abilities amidst Lyon's charming landscapes and dynamic culture. Gain insights from professionals in the field and express your creativity in the heart of France's cinematic hub.

## **Highlights of the Program**

- Hands-on workshops led by industry professionals
- Learn essential aspects such as screenwriting, directing, cinematography, and editing
- Unleash your creativity to produce short films, honing your storytelling skills
- Gain insights from guest speakers, providing valuable knowledge on trends, techniques, and career pathways
- Explore Lyon's stunning locations for filming, learning to utilize different settings effectively to enhance storytelling
- Visit Institut Lumière to know the history of cinema
- Celebrate achievements through film screenings, receiving constructive feedback to further refine filmmaking skills



# REGISTRATION PROCESS

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#### **IDEAL MONTHS OF TRAVEL**

**Depends on the type of the camp and region** Final confirmation and passport copies of students are required five months prior to departure.

> To register, Call/WhatsApp us at +919811237050 / 45 or Contact our Paris Office via WhatsApp at +33601360996.

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#### PATRONAGE AND AFFILIATIONS





# INTERNATIONAL CAMPS



Le Frehindi is pleased to announce International Camps, dedicated to CBSE / ICSE / IB / other local boards / schools in the Indian subcontinent and Middle - East.

These culturally & scholastically enriching programs have been specially developed with the aim of providing a unique experience & to help students become truly global citizens by providing them global exposure.

#### **USP OF OUR PROGRAMS**

- The students will stay in an international hostel/student residency/host family.
- Engagement in extensive cultural & linguistic activities, presentations & discussions.
- A well-rounded learning experience.
- Fosters cultural sensitivity and global awareness.
- Enhance sportsmanship, creativity, communication, and teamwork.
- Learn life skills like problem-solving, time management, and leadership.
- Increased self-confidence and independence in young individuals.
- Helps students become more adaptable and openminded.
- Participation Certificate under the Patronage of Indian Embassy in Paris & ATOUT France (Govt. of France Agency) will be issued to all students.



# We Ensure SAFETY

Le Frehindi places paramount importance on safety, holding the prestigious ATOUT France license (IM075180103), and ensuring stringent regulations as per European Union standards.

As a trusted member of APST, we are committed to the highest security standards and financial safeguards in educational travel.

Our operations adhere to a rigorous Code of Practice, underscored by our registration with the Ministry of Tourism, Government of India, distinguishing us as a leading provider of inbound student travel programs (2107260HC536) from the EU.

This commitment to safety is also recognized by the Indian Embassy in Paris, particularly for our youth sensitization initiatives, ensuring a flawless protection record across all endeavors, including educational camps and global outreach.

#### **Kuusamo Camp in Finland**

Experience the thrill of winter in Finland with our immersive program designed to introduce you to the wonders of the wilderness and Finnish culture. Engage in Finland's favorite winter sports, the enchanting Northern Lights, navigate through the polar night, and acquire essential Arctic survival skills.



#### **Highlights of the Program**



- Skiina
- Nature exploration **Experience Northern Lights**
- Outdoor cooking lesson & survival skills
- Snow shoe expedition
  - Ice fishing
- Winter Olympics activities
- Finnish baseball
- Finnish sauna
  - Learn basics of Finnish language
  - Visit to reindeer farm
  - Visit to husky kennel

#### **Football Camp in Madrid**

Elevate Your Game in the Heart of Madrid! Join us for an immersive football training camp led by international coaches. Fine-tune your skills with toptier technical and tactical sessions, equipped with state-of-the-art facilities. Prepare to conquer the field like never before!

### **Highlights of the Program**

- World-class coaching by International coaches
- Tour of Santiago Bernabéu stadium and the Real Madrid official store
- Technical & tactical trainings
- Receive guidance in physical training & team building
- · Specific equipment included
- Evening fun games & multi-adventure activities
- Cultural Immersion
- Goal Setting and Performance Tracking







- - - - - Ice skating
        - Movie night